

YMCA Camp Ockanickon will once again be the setting for the 4th Annual Gobbler 5K Run and Family Fun Walk to benefit the Strong Kids Scholarship Campaign. The course takes runners and walkers through the gorgeous trails around the beautiful lakes of Camp Ockanickon. So, whether you're an Olympic runner or want to take the family for a walk, join us for this exciting and fun event. The excitement is building to see which runner will have the winning time and receive the coveted "Mighty Pilgrim of the Pines Award."

The Gobbler 5K Run and Family Fun Walk is a terrific way to work off the Thanksgiving feast and help build a healthy lifestyle. Runners and walkers will challenge themselves against the clock while enjoying the scenic tree and lake-lined paths of Camp Ockanickon. The course is both dirt road and single track. You may view the 5K course layout at <http://www.mapmyrun.com/run/united-states/nj/-camp-ockanickon-medford-nj/273128128531647516>.

There will be awards for the top three places in each category and FREE refreshments will be available for all participants.

The categories are:

Age groups 14 and under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 and older.

While competing, you will also be helping YMCA Camp Ockanickon, Inc.'s Strong Kids Scholarship Campaign. Your support will directly give a child the opportunity to experience a summer program at Camp Ockanickon for boys, Camp Matollionequay for girls or Lake Stockwell Day Camp. Giving kids a safe and nurturing place to go benefits everyone, and we are proud to have you as a partner in our mission.



YMCA Camp Ockanickon, Inc.
1303 Stokes Road
Medford, NJ 08055

**STRONG
KIDS
CAMPAIGN**
A YMCA Initiative



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



**Saturday
November 27, 2010**

Join in the fun and excitement of the Gobbler 5K Run and Family Fun Walk. It is a great time for every member of the family. Do you have what it takes to be the "Mighty Pilgrim of the Pines?"

YMCA Camp Ockanickon
1303 Stokes Road
Medford, NJ 08055
609.654.8225
www.ycamp.org

4th Annual Gobbler 5K Run and Family Fun Walk

Race Date: Saturday, November 27th
Check In: Camp Ockanickon Dining Hall
Registration Time: 8:30 am
Starting Time: 9:15 am

This event will be held rain or shine.

Team Challenge

One of the highlights of the Gobbler Run will be the Mighty Pilgrim of the Pines Team Challenge. We are challenging all local groups, businesses and organizations to participate by entering a four person team. Enter as many teams as you would like. In addition to helping our community's kids, the winning team time will win the "Mighty Pilgrim Challenge Trophy"!

Sponsorship Opportunities

Help kids and our community while promoting your business or organization. Please choose to be a sponsor.

\$200 Shirt Sponsor

(Your name and logo will appear on the official shirt)

\$350 Food and Beverage Sponsor

(In addition to your name and logo on the shirt, you will receive signage on the day of the event)

\$500 Awards Sponsor

(Your name and logo will appear on the official shirt and you will receive prominent signage on event day and a table for your organization)

For more information, please call Darleen at 609.654.8225. Thank you for helping.

Race Volunteers

We need volunteers to help with this event. Opportunities include set-up, break-down, timekeepers, distributing refreshments, etc... If you can help, please call us at 609.654.8225.

5K Run Individual Registration

Please fill out one registration form per person.
Please print clearly.

- [] \$25/person (ages 13 & up)
 [] \$10/person (ages 12 and under)
 [] \$75/team of four

***** Add \$5/person if registering the day of the race.*****

Name: _____

Address: _____

City: _____ State: ____ Zip: _____

Phone #: _____

Email: _____

Age: _____ Shirt Size: *Circle one* Child M Adult S M L XL

Family Fun Walk Registration

Please fill out one registration form per family.

- [] \$15/person (ages 13 & up)
 [] \$5/person (ages 4-12)
 [] Children 3 and under FREE
 [] \$30/family Living at same address

Name: _____ Age: _____

Name: _____ Age: _____

Name: _____ Age: _____

Name: _____ Age: _____

Name: _____ Age: _____

Name: _____ Age: _____

Address: _____

City: _____ State: ____ Zip: _____

Phone #: _____

Email: _____

Shirt Sizes: Child M ____ Adult S ____ M ____ L ____ XL ____

Please indicate how many shirts you need for each size.

5K Run Team Registration

Please complete one 5K Run Individual Registration Form per team member, check the \$75/team of four box and submit the entire teams' forms together.

Team Name: _____

Payment Information

Total Payment: \$ _____

Method of Payment

[] Check Make payable to YMCA Camp Ockanickon

[] VISA [] MC [] AMEX [] Discover

Name on Card: _____

Card #: _____

Expiration: _____ Sec. Code: _____

Billing Address: _____

Signature: _____

Participation Waiver

I/We understand that YMCA Camp Ockanickon, Inc. is a not-for-profit organization offering programs not otherwise available. In return, I/we individually and/or as guardians of the participants involved, release and agree to hold harmless and indemnify the Y, its volunteers, agents, employees and officers irrespective of any negligent act or omission by the Y and/or those individuals arising from or related in any way to the Y program. I/We understand that there are no refunds issued for cancellation.

Adult Signature: _____

Mail registration forms and payment to:
YMCA Camp Ockanickon
1303 Stokes Road
Medford, NJ 08055

For questions about this and other programs,
please call or visit us on the web:
Phone: 609.654.8225 Web: www.ycamp.org